



TMD fax 265-3447

TMD email catering@tmdish.com

TMD phone 265-3474

Please complete all information and order. The Main Dish will prepare an itemized receipt.

Please refer to our Catering Terms and Conditions.

Contact Information:

Company _____ Contact at company _____

Phone number (403) _____ Fax (403) _____

Building name _____ Street address _____ Suite # _____

Pick-up **OR** Delivery

Date _____ Time _____

Meal:

Number of people _____

Buffet / platters **OR** Individual orders

Cutlery

Plates

Special requests or instructions _____

Payment – Check one:

Visa 4 _____ Expiry _____

Mastercard 5 _____ Expiry _____

Cash

Cheque – payable to “The Main Dish”

www.tmdish.com

903 GENERAL AVE. N.E. T2E.9E1 403.265.DISH[3474]



Sandwiches	Amount	Amount
Served on an assortment of fresh 6" rolls		Wraps available upon request
Italian - \$8.39		Smoked Turkey - \$8.39
Roast Beef - \$8.39		Veggie Caprese - \$7.39
Tarragon Chicken Salad - \$8.39		Tuna Salad - \$7.39

Green Salads - Individual Size	Green Salads - ~ 5ppl (side salads)
Market House Salad - \$4.99	Market House Salad - \$13.99
Bridgeland Caesar Salad - \$4.99	Bridgeland Caesar Salad - \$13.99
Classic Spinach Salad - \$5.99	Classic Spinach Salad - \$17.99
Vital Greens Salad - \$9.99 (includes chicken)	Vital Greens Salad - \$29.99 (includes double chicken)
Chicken - \$2.49	Chicken - \$9.99
Shrimp - \$4.99	Shrimp - \$19.99
Candied Salmon Cake - \$4.99	Candied Salmon Cake - \$19.99

Deli Salads - Individual	Large Deli Salads - ~ 5 ppl
Caprese - \$4.99	Caprese - \$19.99
Broccoli Cheddar - \$4.19	Broccoli Cheddar - \$16.99
Asian Noodle Salad - \$3.19	Asian Noodle Salad - \$12.99
Fusilli Basil Pasta - \$3.19	Fusilli Basil Pasta - \$12.99
Pancetta Potato - \$3.69	Pancetta Potato - \$14.99
Greek - \$4.99	Greek - \$19.99
Chickpea, Artichoke & Feta - \$4.19	Chickpea, Artichoke & Feta - \$16.99
Green Bean & Grape - \$4.19	Green Bean & Grape - \$16.99
Mesa Bean - \$3.69	Mesa Bean - \$14.99
Apricot Almond Couscous - \$3.69	Apricot Almond Couscous - \$14.99

Special requests or instructions _____



Hot Entrees – serves 4 ppl *	Amount
Roasted Vegetable Lasagna - \$31.99	
Beef Lasagna - \$31.99	
Shepherd's Pie - \$31.99	
Grilled herb chicken breast with asparagus and butternut squash wild rice \$45.99	
Pistachio crusted salmon with green beans & almonds and wild rice \$59.99	

Pasta – serves 4 ppl	
Chicken Mushroom Alfredo on Rigatoni - \$39.99	
Shrimp Rose on Tri-colour Fusilli - \$49.99	
Linguine Bolognese - \$34.99	
Spolumbo's Sausage in Tomato Basil Sauce on Tri-colour Fusilli - \$36.99	
All the above pastas available as vegetarian options for \$29.99	
Roasted Vegetables in Tomato Basil Sauce on Linguine - \$34.99	
Substitute Ricotta Spinach Ravioloni on any pasta dish for an additional \$11.99	

Stirfry – serves 4 ppl	
Choose Egg Noodles or Wild Rice	
Choose:	
Ginger Garlic -\$29.99	
Thai Coconut Curry \$29.99	
Add Protein	
Chicken - \$9.99	
Shrimp - \$15.99	
Spolumbo's Sausage - \$11.99	

* Requires 48 hours notice

Special requests or instructions _____



Drinks	Amount
Bottled water 500mL - \$1.50	
Boylan's sodas (cream soda, birch beer, orange, sugar cane) 355mL - \$2.25	
San Pellegrino pop (aranciata, limonata, chinotto) 355mL - \$2.00	
Coke / Diet Coke / 7UP 355mL - \$1.50	
Nestea 491mL - \$2.50	
Orangina 296mL - \$2.00	
Knudsen's Sparkling juice (black cherry, grape, mango, cranberry, raspberry) 355mL - \$2.00	
Sun-Rype Juice (apple or orange) 500mL - \$2.50	
San Pellegrino water 250mL - \$2.00	
Vital Lifestyle water 591mL (burn, iq, control, calm, or energize) - \$2.25	
Orangina 1L - \$4.00	
San Pellegrino water 750 mL - \$3.00	
Acqua Panna water 1L - \$4.00	
Milk (2% or Chocolate) 500mL - \$2.50	
Coffee (~10 - 15 cups) includes cups and condiments - \$14.95	
Hot Chocolate (~10 - 15 cups) includes cups and condiments - \$14.95	
Tea (ask for varieties, minimum 5) - \$2.00 / person	

Special requests or instructions _____



Desserts and Snacks	Amount
Cookie - \$0.99	
Carrot Cake - \$1.50	
Triple Chocolate Cake - \$1.50	
Lemon Streusal Cake - \$1.50	
Whole Wheat Banana Bread - \$1.50	
Raspberry Scones - \$1.99	
Croissants - \$1.99	
Fresh Fruit - \$2.99 / person (6 oz)	
Veggies (w/ dip) - \$2.50 / person (4 oz)	
Muffins - \$1.50	

Platters – Fruit, Veggies, Cheese & Meat	
Cheese platter - \$2.99 / person (3 oz) *	
Premium Cheese platter - \$4.99 / person (3 oz) *	
Meat & Cheese platter - \$4.99 / person *	
Veggies & dip platter - \$2.99 / person (4 oz)	
Fruit platter - \$3.99 / person (6 oz)	

* Requires 48 hours notice

Special requests or instructions _____

The Main Dish offers a selection of food, services and equipment not listed on the above menu. These include appetizers, chef on-site, buffets, Stampede breakfasts, boxed lunches and prepared dinners. Please do not hesitate to call for further information.

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The Main Dish

Catering Terms and Conditions

Orders/Cancellations

1. The Main Dish is equipped to handle orders between 10 and 100 guests.
2. Orders must total a minimum of \$75 excluding applicable sales tax and service charges. Order sub-totals may be subject to increases to meet the minimum \$75.
3. The Main Dish requires 48 hours notice prior to all catering requests.
4. Cancellations are required at least 24 hours prior to the event. Cancellations made within 24 hours of the event will be subject to a \$75 cancellation fee.
5. Details must be finalized at least 24 hours prior to the function so that our chefs can assure the quality and availability of food.

Charges/Fees

1. The Main Dish will add a mandatory 5.00% GST charge to the invoice total.
2. A 15.00% catering charge will be added to the invoice total to cover overhead expenses, food preparation costs, and delivery charges.

Payments/Prices

1. Payment is due in full prior to delivery unless other conditions are reached. We accept many forms of payment including cheque, cash, Visa, Mastercard and American Express.
2. Prices are subject to change without notice.